



**WEEK ONE**

EXODUS 2:1-10

Moses is Born

**SAY THIS:**

You can do what you should even when you don't know what will happen next.

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**WEEK TWO**

EXODUS 3-6:12, 7-12:42

Moses and the Burning Bush / The 10 Plagues

**SAY THIS:**

You can do what you should even when you don't feel ready.

**WEEK THREE**

EXODUS 13:17-14:31

Israel Goes Through the Red Sea

**SAY THIS:**

You can do what you should even when things seem impossible.

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**WEEK FOUR**

NUMBERS 13-14

Joshua and Caleb

**SAY THIS:**

You can do what you should even when others are afraid.



**REMEMBER THIS:**

"Be strong and brave. Do not be afraid. Do not lose hope. I am the Lord your God. I will be with you everywhere you go."

JOSHUA 1:9B, NIrV

**COURAGE:**  
BEING BRAVE ENOUGH TO DO WHAT YOU SHOULD DO, EVEN WHEN YOU'RE AFRAID

DO THIS:



**MORNING TIME**

As you walk out the door today, remind your child, "Be brave today, even if it seems scary and be sure to tell me all about it when we get home."



**DRIVE TIME**

While on the road this month ask, "What are some things you worry about?" Don't just limit the question to the child in the car; ask everyone and talk about it.



**MEAL TIME**

Q&A for Kids: Do you think more kids are scared of storms, snakes, or scary movies? Which one scares you the most?  
Q&A for Parents: What is the scariest thing you've ever done?



**BED TIME**

What are some ways you can put others first? Putting others first doesn't often come naturally. We're wired to worry about what we need. But when we choose to put someone's needs ahead of what we want, we show them just how valuable they really are. Pray for each other, that you'll see opportunities all around you to honor others by putting them first.