

COURAGE

Being brave enough to do what you should do, even when you're afraid

BOTTOM LINE: You can do what you should even when you don't feel ready.

Read 1 Corinthians 16:13

DAY **1**

The Right One

Just like He did with Moses, God also knows when you are the right person for the job. God might give you a job that you think you aren't cut out for; like running a race, trying out for the school play, or joining a new group of friends. What do you think God wants you to do for Him that will actually be pretty great? Draw a picture of something that you think God is asking you to do! Post this picture in your room to remind you that although it might be hard, God can help you do it.

Ask God to use you whenever He can.

DAY **2**

Ready, Set, Pray

The best thing that we can do when we feel nervous, or not ready to do something, is to talk to God and ask Him to help. Saying a simple prayer will help ease your nerves when you need it. Say this prayer out loud and try remembering it for the times when you need it:

"Dear God, I am scared right now. I do not feel ready to do this. Please help me feel strong and brave. I know you are always there when I need you. Amen."

Know that God will help you when you are feeling scared, you just need to ask.

DAY **3**

Do Something Crazy

We're about to get crazy!

Ask an adult to help you play some upbeat music.

(Search: Orange Kids Music on Youtube for some great music!)

Now, dance like crazy!

If you really want to see crazy, ask your friends and family to join you at the dance party!

Look for ways that God can use you in the crazy times!

DAY **4**

Memory Motions

1 Corinthians 16:13 says: "Be on your guard. Stand firm in the faith. Be brave. Be strong." (NIRV). Use some motions to help you remember this verse! Try these out:

Be on your guard:

Stand up straight, hands on your hips.

Stand firm in the faith:

Stand super still, put your hands together like a book.

Be brave:

Thumbs up

Be strong:

Flex your muscles.

Thank God that we can learn how to have courage with the help of His word.

