



DAY 5

What is something that you're good at? Maybe it's . . .

- Soccer
- Math
- Singing
- Cooking
- Encouraging others
- Writing
- Drama
- Basketball

If you don't see something in the list above, write your own!

Now, how could you take that skill to the next level? What's something that intimidates you or that you've never been able to accomplish? Maybe it's singing in front of people, or trying out for the math team at school. Maybe it's entering the essay contest or telling your coach you want to try a new position on the team.

Whatever it is, if it scares you a little, you know you've probably picked the right challenge for yourself to try on some of the courage you've learned about this month. Now write out a plan for how you can take the next step to make that goal happen. Don't forget to include asking God for help!

Now, go and do it this week, even if you don't feel ready!

DAY 1

Go to Studio252.tv and watch this week's episode of The So & So Show. (Click on Fun2Watch! then The So & So Show.)

Even if you already saw it at church, feel free to check it out again!

SO & SO TOP 3

After watching, write one thing that . . .

1) YOU LIKED: _____

2) YOU LEARNED: _____

3) YOU'D LIKE TO KNOW: _____

DAY 2

READ EXODUS 3:1-4:17

As you read Exodus 3:1-4:17, circle all of Moses's questions and doubts in his own abilities that he expresses to God. Underline how God responds to Moses each time.

Notice that sometimes Moses showed his doubts with a question to God, and sometimes with a complaint. Sometimes God responded with an answer, and sometimes with a sign.

The way we talk to God and the way that He responds to us may be different for each of us and even situation to situation, but the point is, God has our back. He wants to guide us, equip us, and give us courage for whatever He has prepared for us to do. Even though Moses didn't feel ready or prepared for the big task God had given him, God showed up big time, and He will do the same for you!

DAY 3

When you know what you should do, but don't feel ready, how do you push yourself to be brave? Asking God to show you how He's prepared you will help you have courage.



THINK OF IT LIKE A STOPLIGHT.

RED: What is something you know you should do, but you don't feel ready or equipped to do it? Write it out, and then take a minute to tell God about it.

YELLOW: What are some of the reasons you don't feel ready? Write them down, and then tell God about them.

GREEN: Ask God to show you how He has prepared you for the task or situation. Write some of the things He brings to your mind here:

Close this prayer by reading Joshua 1:9 out loud and thank God for being with you wherever you go.

about something you feel like God wants you to do that you don't feel ready for. You could ask them to help you think about all the ways that God has prepared you for the task.

The more you talk about God and what He's doing in your life, the more you will remember this truth: You can do what you should even when you don't feel ready.

DAY 4

Read Exodus 4:10-12. One of Moses's biggest excuses for why he wasn't ready to obey God was that he didn't feel like he was a good speaker. But God promised him that He would give Moses the words he needed.

Practice talking about God today with someone else who also trusts and follows God. Maybe you could talk to them about what you learned about Moses, Pharaoh and the plagues. Or maybe you could share with them