



WHEN HAVE YOU HAD
TO TRUST GOD?

DAY 5

Think about a time that you had to trust God. A time when you didn't understand what was happening in your life, or what was coming next. A time when you were maybe even scared about the future, but when you look back on things, it actually turned out pretty okay.

IF YOU COULD GO BACK AND TALK TO YOURSELF, BEFORE YOU KNEW THINGS WOULD BE OKAY, WHAT WOULD YOU SAY TO YOURSELF?

HOW WOULD YOU ENCOURAGE YOUR OLD SELF?

If you have a photograph from that time/situation in your life, ask an adult for help printing it, and write some words of encouragement to your "old self" on it, reminding yourself that you can trust God's plan. (If you don't have a photo, you can try drawing something that reminds you of that time, or just write some words of encouragement on a blank sheet of paper.) Hang the picture in your bathroom or somewhere around your house to remind yourself that even when you don't know how things will turn out, you can trust God's plan.

WEEK 5

TRUST



Putting
your confidence
in someone you can depend on

DAY 1

Go to Studio252.tv and watch this week's episode of The So & So Show. (Click on Fun2Watch! then The So & So Show.)

Even if you already saw it at church, feel free to check it out again!

SO & SO TOP 3

After watching, write one thing that . . .

1) YOU LIKED: _____

2) YOU LEARNED: _____

3) YOU'D LIKE TO KNOW: _____

PRETEEN

DAY 2

READ GENESIS 45:4-11

Read Genesis 45:4-11, and underline all of the things that Joseph said were part of God's plan. Did you underline it all? Think about all the crazy things that happened to Joseph.

**THROWN INTO A WELL.
SOLD AS A SLAVE.
FALSELY ACCUSED.
THROWN INTO JAIL.
FORGOTTEN BY OTHERS.**

And finally, made second in command over all of Egypt. All of those things appear to have been done to Joseph. But there's one thing that Joseph chose to do that made all the difference.

He trusted God's plan. No matter how bad things got, he didn't give up. He continued to make the wise choice, and ask God for help. And at the end of the day, he saw that even the bad things that had happened had helped bring about God's plan for his life: to save all of Egypt.

DAY 3

Ask a parent to help you for a few minutes. Grab a bandana or other piece of cloth and blindfold yourself (or, just close your eyes). If the weather is nice, take a walk outside; if not, you can walk inside instead. As you walk, hold the arm of your parent so they can guide you since you can't see.

As you walk, talk to each other about some of the challenges you and your family might be facing right now. Then, talk to God about it. Tell Him about the situations in your life where you know you need to trust Him. Ask Him for help, and thank Him for all the ways He's proven Himself worthy of trust.

Then open or uncover your eyes, and see how far you've come on your walk. **HOW DID IT FEEL TO TALK ABOUT TRUSTING GOD, ALL WHILE YOU COULDN'T SEE WHERE YOU WERE GOING?**

DAY 4

Today, find a few friends and read them this list of things that happened in Joseph's life (without telling them who's life it was).

**"THIS PERSON WAS:
THROWN INTO A WELL.
SOLD AS A SLAVE.
FALSELY ACCUSED.
THROWN INTO JAIL.
FORGOTTEN BY OTHERS."**

Of course, the correct answer is "Joseph, second in command of all of Egypt." But it will be interesting to see how many of your friends would guess that, based on the horrible things that happened to Joseph before his promotion.

Share with your friends about how Joseph trusted God's plan, and how things turned out in the end. Encourage your friends that even if they have some anxiety about things in their life right now, they can trust God has a plan for their lives.