

### READ MATTHEW 6:26

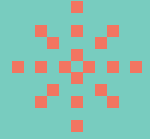
### DAY 1

Grab a piece of paper and a pencil along with your Bible and this card and head outside. See if you can spot a bird on the fence line or in your yard. Watch the bird for a few minutes and then write down the things you observe. You can also draw a simple sketch of the bird if you'd like.

Have you ever observed a bird before? God made that bird you've been watching. Do you think that bird worries about where her next meal will come from? Nope. God provides the things birds need to survive. You are worth so much more than that little bird. Why? Because you were made in God's image. Of all the things God made, including that little bird, you are most like Him.

So the next time you start to worry about something, pause and think about that bird. Remember that God loves you and that He will provide everything you need. Ask Him to replace that worry with peace. Remember, you can have peace because God is in control.

**THANK** God for the reminder that we can find peace because He is in control.



### READ PHILIPPIANS 4:6-7

### DAY 2

What things do you worry about? Write them in the space to the left.

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According to today's verse, what should you do with the worries you've listed? Yes, tell God about them. Ask, pray and thank Him for being in control. Then you will find peace. Because when you trust in Jesus, God will cover you with His peace. It might not make sense. Especially if the thing you're worried about actually happens or something doesn't turn out the way you want it to. God promises to give you His peace, even when it doesn't make sense.

So the next time something happens and you start to worry, bow your head and talk to God about it. Ask Him to help you trust Him more. When you pray, you're acknowledging the fact that you are

not in control, God is. And He will give you peace, no matter what. You can have peace because God is in control.

**ASK** God to give you His peace no matter what.



## READ JOHN 16:33

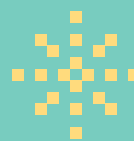
## DAY 3

Do you play a sport or cheer for a favorite team? What if right before the game, you found out your team would win? Would you cheer differently? Would you act differently during the game? Absolutely! You wouldn't worry if your team suddenly fell behind on the scoreboard because of the promise of a certain win at the end.

What if you thought about life and all the crazy stuff that happens to you like a winning game? The truth is, when you put your trust in Jesus, when you're on God's team, you've chosen the winning side. How do we know that? Because God proved He is bigger than anything—even death—when He sent Jesus. There is nothing bigger, or stronger, or more powerful than God.

You can have peace because God is in control. With God, you win. Create a cheer or rap using the words from today's verse to help you remember that you can have peace because God is in control.

**LISTEN** to the promise that God wins in the end, so you can have peace.



You can have  
peace because  
God is in control.



## READ ROMANS 15:13

## DAY 4

Have you ever scored 100% on a test? Ever pitched a perfect game? Ever hit a hole in one at mini-golf? Perfect is possible in some circumstances. But perfect isn't a guarantee. Or is it?

What if you could have perfect peace, 100% of the time? Even if you face the worst day, the kind that Alexander would label as a terrible, horrible, no good, very bad day kind of day?

When you trust in Jesus and what He did for you on the cross, God gives you His Holy Spirit to guide and help you. You can experience perfect peace when you trust in the One who made you and loves you more than you could ever imagine.

Grab an index card and write "100% Perfect Peace Guarantee: Romans 15:13" on the front. Ask an adult to help you tape this card to the top of your doorframe. As you leave your room each day, jump up and tap the card to remind you that you can have peace 100% of the time because God is in control.

**KNOW** that God promises perfect peace when you put your trust in Him.

