

HOPE

Believing that something good can come out of something bad

BOTTOM LINE: Whatever happens, remember how powerful God is.

Read Psalm 147:11

DAY 1

Mind Flip!

Sometimes sad things happen to us, but it's how we react that matters! Sit with an adult and think of something that has happened to you that made you sad. Talk about how you reacted. Did you handle it well or totally flip out? Take a deep breath and do a mind flip! Think of how the reaction to your situation could have turned out better if you thought about how God can help you through.

Grab some paper and a pen. Then, make an action plan for the next time something sad happens. So, when something unfortunate happens again, you know how to handle it!

THANK God for being there to help you when things get tough.

DAY 2

Rise Up!

Act out the Bible story about Lazarus in **John 11:1-45**. All you will need is two people. A narrator and actor. Follow the script written below.

ACTOR: (Lie down and pretend you are sleeping.)

NARRATOR: "Lazarus was sick and died."

ACTOR: (Cough a few times and fall over onto the floor.)

NARRATOR: "His sisters thought all hope was lost."

ACTOR: (Pretend to cry.)

NARRATOR: "Jesus used this opportunity to point people to God."

ACTOR: (Point upwards.)

NARRATOR: "Jesus and His disciples traveled to Lazarus's town to help him."

ACTOR: (Walk around your space.)

NARRATOR: "Jesus was stronger than death, and He raised Lazarus four days after he died."

ACTOR: (Lie down like you were before and slowly get up like you have been sleeping a long time.)

KNOW that when you think all hope is lost remember God is more powerful than death.

DAY 3

Have Hope

With the help of an adult, read this week's Bible verse: **Psalm 147:11**. Grab some paper and something to write with. In large letters, write the word HOPE on the middle of your paper. Around the word HOPE write out some things you can hope for! It could be things like: hoping cookies are for dinner or that God will heal a sick friend. Hang this somewhere you can see it and reflect on this week.

LOOK for ways that you can put your hope in God even when it's hard.

DAY 4

H-O-P-E

Pray the word **HOPE!** Use each letter in the word hope as a guide to help you pray for those around you.

H: Pray for those in your home.

O: Pray for others outside of your home; such as, friends and neighbors.

P: Pray for people that need Jesus.

E: Pray for those in your elementary school like classmates and teachers.

ASK God to help remind you and others around you He gives hope to those who believe in Him.

