

JANUARY 20, 2019

1 Peter 5:6-11; John 6:66-69

Overwhelmed: When Joy and Peace Come Close Speaker: Josh Weidmann

Emotions not properly dealt with in the power of God will turn in to anger, bitterness and resentment. When the dark cloud of depression follows us long enough, or anxiety clings to us like chicken pox that won't go away, we can begin to grow angry toward our circumstances, others and God. In this message, we look at various passages today as we

REFERENCES

🔲 Exodus 15:6

Job 30:20–21

Matthew 19:26

THIS WEEK:

- Memorize Job 13:15, "Though He slay me, I will hope in Him; yet I will argue my ways to His face." (ESV)
- Pray for God to break any disillusionment that may be blocking me from seeing God's faithfulness in my life.
- List my objections toward God and humbly ask Him to change my perspective.
- Meet with another Christian friend who will help me deal with my anger.

DISCUSSION

- In Peter 5:7, Peter tells us what we are to do with our troubles; "cast" our cares onto Him, for He cares for us. Describe the characteristics of what that looks like and what must you do to prevent taking back the care upon yourself?
- There were two kinds of anger toward God: one is unbelieving anger that fails to trust God through the difficulties, and the other is believing anger that trusts in the character of God and relies on His promises. Take the life of Job, where did he evidence both kinds of anger and what were their consequences and benefits of each. (see Job 30:20–21)
- What does El Shaddai mean? (see Exodus 15:6, Matthew 19:26). What does that definition mean to all your obstacles and circumstances that we face?
- Peter in John 6:66-69 got it right when it comes to our response to our personal trials, he said "we believe" and "we know." Appropriate that in your present life situations.
- Josh used these two phrases to summarize our struggles in life. He said Jesus, "Unbinds us" so that He can "Rebind us" to Himself. Share the truth in these two phrases.