



READ ISAIAH 58:10

DAY 1



Have you ever been really hungry before? So hungry you got grumpy? You may have even said, "I'm starving!" But were you ACTUALLY starving? Probably not. Thankfully most of us won't experience true starvation. However, there are people in our country and around the world who truly may go hungry if someone doesn't help them. Thankfully there are food pantries in your community that provide food for people who are truly hungry. With your parents' permission, either raid your own family's pantry or make a grocery list for some items you can buy and donate to a food pantry this week!

**ASK** God to take care of and provide for the person who will receive your food.

## READ EPHESIANS 2:10

DAY 2

We were made to serve! That means our ears were meant to hear others' needs, our eyes were meant to see others' needs, our feet were meant to take us to others in need, and our hands were meant to help them!

Today, keep your eyes and ears open to listen and look for a need that you can meet. Then use your feet and hands to meet the need.

**LISTEN** and look for ways to serve others.









In order for you to share with people who are in need, first you need to see their need. Sometimes that means we have to get outside of our normal routines, meet people other than our regular friends and peers, and look for people who we can serve. Then again, sometimes people who need our help are right under our noses. But we'll never know if we aren't looking for ways to serve others, which often means we need to stop focusing on ourselves and what we want.

Take a dry erase marker and make a big  $\bigcirc$  symbol on your bathroom mirror. Leave it up for a few days to remind yourself that sometimes you need to stop looking at yourself and what you need, and look for ways to serve others.

**KNOW** that you have to look at someone besides yourself to find ways you can serve others.



Look for ways to serve others.

## READ 1 JOHN 3:18

DAY 4

Have you ever looked at someone in need and felt bad for them, but not done anything about it? If so, you haven't shown them love, have you? Love isn't a feeling; it's an action. And when you serve others, you're showing them REAL love!

See how many ways you can serve others today using this list as a guide!

**S**et the table for dinner.

**E**-mail, text or call someone with some encouragement.

**R**un ahead of someone to hold the door for them.

**V**isit a grandparent, older relative, or friend and help them around the house.

**E** at with someone who is sitting alone.

**LISTEN** God to help you continue to look for ways to serve others.