

# DECEMBER 2018



## **BASIC TRUTH**

SAY THIS

JESUS WANTS TO BE MY FRIEND FOREVER.

WHY IS JESUS SPECIAL?
JESUS IS GOD'S SON.

### **DO THIS**



#### **MORNING TIME**

When you go into your baby's room this month, count down to Jesus' birthday (Christmas day) by saying, "Good morning, [baby's name]! It's \_\_\_ days until Jesus' birthday!"



#### **FEEDING TIME**

While feeding your baby this month, say, "God loves [baby's name] so much He sent His one and only Son, Jesus, to be his/her friend forever."



#### **CUDDLE TIME**

Cuddle up wth your baby this month and pray, "Dear God, thank You for this sweet baby You have given me. Thank You for the sweet baby you gave the world so long ago. Your love is bigger than I will ever be able to truly comprehend. Please help me teach [baby's name] about your great love and that Jesus, your Son, wants to be his/her friend forever. I love You, God. In Jesus' name, amen."



#### **BATH TIME**

While bathing your baby, sing, "Happy birthday to you! Happy birthday to you! God gave us Jesus. Happy birthday to you!"



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# CELEBRATING CHRISTMAS WITH YOUR BABY

This is an excerpt adapted from the book **Zero to One** by Kristen Ivy and Reggie Joiner

What you do every week matters.

And what you do every week matters more when it happens over time.

But there are some moments that only come around seasonally, annually, or once in a lifetime. And the way you celebrate those moments have a different kind of impact.

Over the next eighteen years with your child, some moments will . . . create a shared experience. mark a significant milestone. begin an annual tradition.

Christmas may be one of the best holidays to create some family traditions. Whether your traditions remain constant or change with the phases, go ahead and try a few this year and make your baby's first Christmas one to remember.

Four Gift Ideas: If you are wary of too many gifts for one little baby, or you don't want your home filled with loud noise makers and bright plastic obstacles to trip over, ask doting friends and relatives to choose gifts that fit in one of four categories: something they want, something they need, something they wear, something they read.

One Gift Tradition: Start a tradition of new Christmas pajamas on Christmas Eve, a special Christmas ornament to put on the tree, or a Christmas book to read before bed.

Nativity Story-Time: If you have a nativity in your home, show your baby the different pieces as you set up the scene. Talk about the characters and tell the story as you put the pieces in place.

A Christmas Keepsake: Commemorate "baby's first Christmas" by making (or purchasing) something special this year that you will bring out every Christmas. Make a handprint. Get a special ornament. Take a picture. Create a memory book. Do whatever fits your style.

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