

celebrate Recovery



*Praise be to the God and Father
of our Lord Jesus Christ,
the Father of compassion and
the God of all comfort,
who comforts us in all our troubles,
so that we can comfort those
in any trouble with the comfort we
ourselves have received from God.
2 Corinthians 1:3-4*

Celebrate Recovery Contacts

All calls and e-mails are confidential!

Jim

Ministry Leader
303-799-4900 ext. 59
jpaul@gracechapel.org

Diane

Encourager Coach
720-422-2970
ddsaling@yahoo.com

Marilyn

Ministry Assistant
303-799-4900 ext. 22
celebraterecovery@
gracechapel.org



Frequently Asked Questions

Do I have to be a member of Grace Chapel to attend Celebrate Recovery? *No. CR is open to everyone who wants to find a healthy way to deal with their hurts, habits, and hang-ups.*

Is my identity protected? *Confidentiality is one of the cornerstones of CR. What is shared in CR and who comes to CR stays in CR!*

What if I cannot commit to attending every Monday night? *You are welcome to attend CR whenever it fits your schedule.*

What if I want to get information to someone who needs help and needs to attend Celebrate Recovery? *The best way to understand CR is to come and experience it for yourself.*

www.gracechapel.org

8505 S Valley Hwy | Englewood, CO 80112

Phone: 303-799-4900 | Fax: 303-790-2981

welcome

Welcome to Celebrate Recovery!

Grace Chapel provides a caring fellowship through which we celebrate God's healing power in our lives through Christ-centered Twelve Steps and the Eight Recovery Principles found in the Beatitudes (Matthew 5:3–10).

We are a fellowship of people committed to becoming a safe place where people can be honest about their real hurts, destructive habits, and hang-ups in the context of God's love and truth. Together, we are experiencing freedom and new life through the power of Jesus Christ.

Life is difficult. None of us makes it through this world without getting hurt, hurting others, or ourselves. We are all in need of recovery, weak in different areas, and we need each other.

Celebrate Recovery (CR) is a growing family of fellow strugglers who accept one another where we are, believing that God can help us change and grow.



Recovery Groups

Our CR groups are led by trained facilitators and offer a safe place to be honest about areas where you are hurting or experiencing defeat. Anonymity and confidentiality are basic requirements of the group.

The Lord extends love and grace through the care we experience from others in the group. Individuals who participate in CR groups report that they gain new insights and find freedom from their hurts, destructive habits, and hang-ups. In addition, they develop skills for building healthier relationships with themselves, with God, and with others.

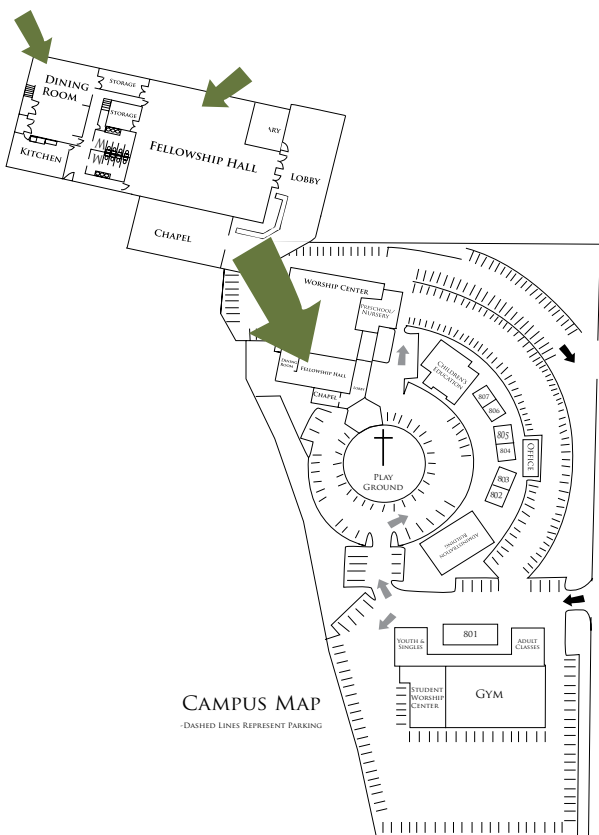
recovery groups

Recovery Groups and Location

Monday nights,
6:30–8:30 p.m.



Come join us for a time of worship, learning, and fellowship in the Fellowship Hall. After the large group gathering, we break into separate open share groups (men meet in the Chapel and women meet in Room 223 above the Dining Room). We close by coming together for the Solid Rock Cafe in the Dining Room.



The Road to Recovery

The Eight Recovery Principles Based on the Beatitudes by Rick Warren

Principle 1 ~ Realize I'm not God; I admit that I am powerless to control my tendency to do the wrong thing and my life is unmanageable.

"Happy are those who know they are spiritually poor"



Principle 2 ~ Earnestly believe that God exists, that I matter to Him, and that He has the power to help me recover.

"Happy are those who mourn, for they shall be comforted"

Principle 3 ~ Consciously choose to commit all my life and will to Christ's care and control.

"Happy are the meek"

Principle 4 ~ Openly examine and confess my faults to God, to myself, and to someone I trust.


"Happy are the pure in heart"

Principle 5 ~ Voluntarily submit to every change God wants to make in my life and humbly ask Him to remove my character defects.

"Happy are those whose greatest desire is to do what God requires"

Principle 6 ~ Evaluate all my relationships; offer forgiveness to those who have hurt me and make amends for harm I've done to others except when to do so would harm them or others.

*"Happy are the merciful"
"Happy are the peacemakers"*



Principle 7 ~ Reserve a daily time with God for self-examination, Bible readings, and prayer in order to know God and His will for my life and to gain the power to follow His will.

“Happy are those who hunger and thirst for righteousness”

Principle 8 ~ Yield myself to God to be used to bring this Good News to others, both by my example and by my words.

“Happy are those who are persecuted because they do what God requires”

Celebrate Recovery is...

- A safe place to share
- A refuge
- A place of belonging
- A place to care for others and be cared for
- Where respect is given to each member
- Where confidentiality is highly regarded
- A place to learn
- A place to demonstrate genuine love
- A place to grow and become strong again
- A place for progress
- Where you can take off your mask and allow others to know who you are
- A place for healthy challenges and risks
- A possible turning point in your life

Celebrate Recovery is not...

- A place for selfish control
- Therapy
- A place for secrets
- A place to look for dating relationships
- A place to rescue or be rescued by others
- A place for perfection
- A long-term commitment
- A place to judge others
- A quick fix

The Twelve Steps and Their Biblical Comparisons

1. We admitted we were powerless over our addictions and compulsive behaviors. That our lives had become unmanageable.

I know that nothing good lives in me that is, in my sinful nature. For I have the desire to do what is good, but I cannot carry it out. (Romans 7:18)

2. Came to believe that a power greater than ourselves could restore us to sanity.

For it is God who works in you to will and to act according to His good purpose. (Philippians 2:13)

3. Made a decision to turn our will and our lives over to the care of God.

Therefore, I urge you, brothers, in view of God's mercy, to offer your bodies as living sacrifices, holy and pleasing to God—this is your spiritual act of worship. (Romans 12:1)

4. Made a searching and fearless moral inventory of ourselves.

Let us examine our ways and test them, and let us return to the LORD. (Lamentations 3:40)

5. Admitted to God, to ourselves, and to another human being, the exact nature of our wrongs.

Therefore confess your sins to each other and pray for each other so that you may be healed. (James 5:16a)

6. Were entirely ready to have God remove all these defects of character.

Humble yourselves before the Lord, and He will lift you up. (James 4:10)

7. Humbly asked Him to remove all our shortcomings.
If we confess our sins, He is faithful and just and will forgive us our sins and purify us from all unrighteousness. (1 John 1:9)
8. Made a list of all persons we had harmed and became willing to make amends to them all.
Do to others as you would have them do to you. (Luke 6:31)
9. Made direct amends to such people whenever possible, except when to do so would injure them or others.
Therefore, if you are offering your gift at the altar and there remember that your brother has something against you, leave your gift there in front of the altar. First go and be reconciled to your brother; then come and offer your gift. (Matthew 5:23–24)
10. Continued to take personal inventory and when we were wrong, promptly admitted it.
So, if you think you are standing firm, be careful that you don't fall! (1 Corinthians 10:12)
11. Sought through prayer and meditation to improve our conscious contact with God, praying only for knowledge of His will for us and power to carry that out.
Let the Word of Christ dwell in you richly. (Colossians 3:16a)
12. Having had a spiritual experience as the result of these steps, we tried to carry this message to others, and practice these principles in all our affairs.
Brothers, if someone is caught in a sin, you who are spiritual should restore him gently. But watch yourself, or you also may be tempted. (Galatians 6:1)